#### Registration

Please complete the following and return it with payment to confirm your registration.

Child's Name:
Child's School:
Date of Birth:
Parents' Names:
Address:
E-Mail:
Phone: (H)
(W)
(**)
Method of Payment:
☐ Cash ☐ Cheque ☐ VISA/MASTERCARD
VISA/MASTERCARD (Circle the type of card):
,
#
Expires:
Plane de la little control de la francisco
Please check which session you are registering for:
Session #1
October 10 – November 21, 2023
Session #2
February 13 – March 19, 2024
☐ <b>Ages 7-10 years</b> 5:00 – 6:15 p.m.

☐ **Ages 11-14 years** 6:30 – 7:45 p.m.

#### **Registration**

#### **DEADLINES FOR REGISTRATION ARE:**

September 26, 2023 for the first session.

January 30, 2024 for the second session

#### **Fees**

\$130.00 for each of the six Group Sessions ((\$780.00 total), and

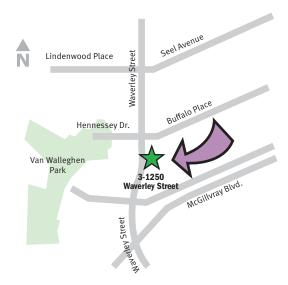
\$215.00 for the Individual Session with Parents.

Individuals with Extended Health Care benefits may be eligible for reimbursement for a majority, if not all of the fees. Check your benefits to determine whether you are covered for 'Speech Language Services'. Call us to determine how your coverage can be applied to the fees.

#### MIND MATTERS CLINIC

3-1250 Waverley Street Winnipeg, Manitoba R3T 6C6

Phone: (204) 477-8555 Fax: (204) 487-4248 www.mindmattersclinic.ca



3-1250 Waverley Street Waverley at Buffalo Place www.mindmattersclinic.ca

# SOCIAL SKILLS GROUP THERAPY

## **Groups for Children** and Teens Ages 7-14

**Facilitated by:** 

Danna Kaplan, Registered Speech-Language Pathologist

Cass Waytt, Registered Speech-Language Pathologist







3-1250 Waverley Street Winnipeg, Manitoba, R3T 6C6 (204) 477-8555 www.mindmattersclinic.ca Social Skills Groups are designed to help children develop skills that are critical in making friends and maintaining relationships with peers. These skills are best learned and practiced in a group setting, with the supervision of skilled group leaders.

#### Some of the skills that your child may learn and rehearse include:

- how to introduce yourself to peers
- how to 'break into' conversations and how to sustain conversation
- turn taking in play and conversation
- developing listening skills
- learning to compromise
- recognizing 'black and white' or 'all or nothing' thinking, and learning how to think in 'shades of grey'.



- understanding unwritten laws of personal body space
- developing sensitivity to body language/non-verbal cues
- learning to negotiate the unwritten rules of social interaction
- dealing with teasing/bullying
- developing coping tools to deal with frustration and anger
- conflict resolution skills
- coping with rejection
- various social thinking concepts

#### Danna Kaplan, M.A., RSLP, CCC-SLP, C-LP (C)

Is a Speech-Language Pathologist and owner of Milestones Therapy, a private practice in Winnipeg. She has worked for 25 years with individuals from birth to adulthood, initially in San Antonio and the Tri-City area, and more recently, in Winnipeg and the surrounding areas. Danna has specialized in early childhood intervention and has a special interest in working with individuals on the Autism Spectrum, with social language disorders, and with children with childhood apraxia of speech (CAS).

### **Cass Waytt, Registered Speech-**Language Pathologist, M.S, CCC-SLP

Cass joined Milestones Therapy in July 2021 after completing her Masters degree in Communication Sciences & Disorders at the University of North Dakota. She currently splits her time working in the public school system and in our private practice. Cass enjoys working with a variety of communication disorders within the pediatric population, including articulation, phonology, fluency, expressive and receptive language disorders, and social language disorders.

#### **Dates**

Prior to the start of the group, an individual session with parent and child will be scheduled at your convenience. This session can be billed to either the parent or the child (at the individual therapy rate of \$215.00 per 50 minutes).

This session is designed for the therapists to better understand the needs of your child, and learn about the goals that you have for your child's participation in the group. If your child has already been assessed at Mind Matters Clinic, an individual appointment may not be necessary.

#### **Session #1:**

October 10, 17, 24, November 7, 14, 21, 2023

OR

#### Session #2:

March 5, 12 & 19, 2024

February 13, 20, 27,

#### **Times**

Times for both of the sessions are the same:

Ages 7-10: 5:00 - 6:15 p.m. Ages 11-14: 6:30 - 7:45 p.m. Parents should call the offices of Mind Matters Clinic at (204) 477-8555 to schedule individual appointments and to register for the group.



#### Fees

\$130.00 for each of the six Group Sessions (for a total of \$780.00). The option of time payments is available.